

Bedwetting Checklist





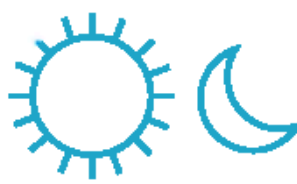









Don't let embarrassment stop you from getting the help you deserve. Bedwetting can be treated.

Step 1: Feel confident that you can talk about it. Start a conversation with your doctor.

Step 2: Complete the checklist, as this information will help your doctor determine the cause of the problem more accurately.

Step 3: Take a copy of the checklist to your doctor.

Tick the boxes which are relevant to you or your child, print this page and take it to your doctor:

<p>Wetting occurs more than 4-6 times per month and isn't improving <input type="checkbox"/></p> 	<p>Family history of bedwetting (parents, uncles, aunts, siblings or grandparents) <input type="checkbox"/></p> 	<p>Parent and/or child are motivated to overcome bedwetting <input type="checkbox"/></p> 
<p>Wetting occurs only at night <input type="checkbox"/></p> 	<p>Wetting occurs during the day as well as at night <input type="checkbox"/></p> 	<p>Wetting occurs soon after falling asleep <input type="checkbox"/></p> 
<p>Consistently large wet spots or pull-up diapers so full they leak <input type="checkbox"/></p> 	<p>Deep sleeper - Difficulty rousing from sleep <input type="checkbox"/></p> 	<p>Waking up during the night to go to toilet <input type="checkbox"/></p> 
<p>Urgency to urinate <input type="checkbox"/></p> 	<p>History of urinary tract infections (including infections in the kidneys and/or bladder) <input type="checkbox"/></p> 	<p>Constipation issues (past or present) <input type="checkbox"/></p> 
<p>Wetting is interfering with social and/or school activities <input type="checkbox"/></p> 	<p>Wetting issue is impacting family life <input type="checkbox"/></p> 	

The appropriate treatment for an individual patient is for the healthcare professional to decide, in consultation with the patient